

Spas & Wellness in Monroe County, TN

The natural beauty of Monroe County is already calming, but if you really want to unwind, you can visit one of our spas for a massage or to do some yoga. Don't forget to check what days and times each spa is open before planning your trip. You may need to book a reservation.

BodyBalance Massage Wellness

711 New Hwy 68 Suite C Sweetwater, TN

Grow and Flow

106 A Scott St, Tellico Plains, TN

(Formerly known as Windhorse Yoga)

Kutters Korner

116 Main St, Madisonville, TN

Massage on the Square

108A Scott Street, Tellico Plains, TN

Nice To Be Kneaded

13015 New Hwy 68, Tellico Plains, TN

By appointment only: 423 836 4245

The Healing Apothecary

195 Bank St, Tellico Plains, TN

(Also known as The Healing Spa)